



Healing from the HEART

Heartsong Healing Newsletter

Tiger Talk

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Awakening the Tiger Within Is In!

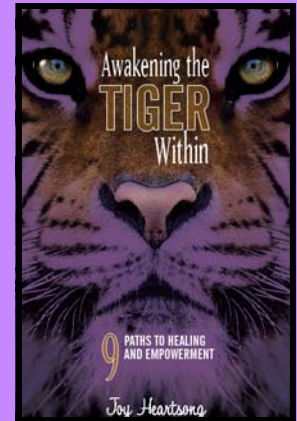
Awakening the Tiger Within: 9 Paths to Healing and Empowerment by Joy Heartsong is hot off the press. Joy shows you the 9 paths to awakening the tiger that lies within you: your inner power and guidance. The Tiger is your access to the joy, fulfillment, healing...the something more you've been missing in life.

Connect with your Tiger through stories and anecdotes from others who are on the same journey. Reflect on powerful insights from the author, based on her own journey and her life's work as a Healing Touch practitioner and intuitive.

Barbara McRae, MCC and author of *Less Drama, More Fun* endorses this book saying: "Joy Heartsong offers readers not just stories of hope but the opportunity to heal a painful past and the possibility to live a fulfilling future."

The place to begin is the Tiger within! This is your invitation to enter the pages of Joy's book and discover your own Tiger's path to peace and empowerment. Request your copy now for only \$17.95 at:

awakeningthetigerwithin@heartsonghealing.net, or call 719-328-9143.



*Awakening
the Tiger Within*

Tiger Tales and Tea

When is the last time you heard tiger tales while sipping tea? Never? Well...come and join us for some fun and meet the tiger.

Here's the way it works. Joy provides the tiger tales and the tea. The tales relate to her new book, *Awakening the Tiger Within*. The focus for the evening is on acquainting you with your inner Tiger, connecting with new and old friends and having some fun.

You can come as a guest or invite your friends and family to come to your home for a great time. As a hostess, you may choose one of several gifts as a "thank you" for opening your home to us. This is the perfect time to get your autographed copy of Joy's exciting new book as well as some extras for gifts. Come and join us!

Call 719-328-9143 or e-mail to awakeningthetigerwithin@heartsonghealing.net.

In this Issue:

Awakening the Tiger Within

Tiger Tales and Tea

Circles of Joy

Tiger Talk Wisdom Circles

eWN Promotes Joy's Book

Tiger Name

*The place
to begin is the
Tiger within.*

*Truth is the
nothingness
out of which
everything
flows and is.*

Tiger Name

*For those of you who
helped Name that Tiger at
the Women's Living Expo
at the beginning of October
and are curious...the tiger
has a name—it's Amethyst!*

Circles of Joy

The focus of Circles of Joy is on laughing, raising our spirits and increasing our energy vibrations. Come and share humorous, inspiring, uplifting, encouraging stories and experiences with this group of like-minded, fun-loving spirits (bodies and minds).

The first Circle of Joy meets from 7:00-9:00 p.m. on Thursday, November 8, 2007. The cost is just \$15 each or 6 for \$75. Call 719-328-9143 now to reserve your place and get more information.

Tiger Talk Wisdom Circles

Are you feeling stuck, uncertain, unsupported, afraid of making a change or going in a new direction, or feeling powerless? Come and share, listen and learn new ways of seeing yourself and your world in this safe, nurturing group. Gain personal insights or new courage and greater awareness of your inner power.

The first Tiger Talk Wisdom Circle meets from 7:00-9:00 p.m. on Thursday, November 15, 2007. Come to the first circle for \$15. Then the fee is \$75 for five additional months. Limited to 8 to allow more in-depth sharing by each participant. Call 719-328-9143 now to make your reservation.

eWN Promotes Joy's Book Launch

eWomenNetwork is sponsoring a book launch for Joy Heartsong's newly released book, *Awakening the Tiger Within: 9 Paths to Healing and Empowerment* on Friday, November 9, 2007. This is a monthly networking event which focuses on giving first and sharing from the heart. Call 719-328-9143 for more information about attending the book launch or joining the group.



Joy Heartsong
Author and
Intuitive Healer

Meet Joy Heartsong

Joy is a Certified Healing Touch Practitioner and intuitive. She is passionate about helping others claim their true power by connecting with the wisdom of the Tiger within. Her message is that we all have the power to heal that comes from a higher source manifesting through each of us. Her writing includes stories, insights, and techniques from successes from both her clients and her own healing journey.

*From my heart to yours,
Joy Heartsong*

PS. I encourage you to pass this newsletter along to anyone who would enjoy it. If you've received this newsletter and are not yet on our mailing list, please contact Joy at: joy@heartsonghealing.net.

To remove your name from our mailing list, please email us.
Questions or comments? Email us at joy@heartsonghealing.net.